



ITP Quality of Life Quiz

When you are living with ITP day to day, you may not always be paying attention to the impact it has on your **quality of life**. Your answers on this quiz will **help your doctor understand how ITP has been affecting you** so that you can discuss the best treatment for your condition and your life.

Select the button that most accurately describes your experience.

1

How often has your ITP negatively impacted your work, school, or social life?

Never

Sometimes

More than half the time

All the time

I am not currently working/studying due to ITP

I am not currently working/studying due to other reasons

2

How often has your ITP affected your energy levels, such as your ability to exercise for example?

Never

Sometimes

More than half the time

All the time

3

How often has your ITP impacted your ability to take care of everyday tasks or focus on hobbies?

Never

Sometimes

More than half the time

All the time

4

How often has your ITP impacted your ability to support the people close to you?

Never

Sometimes

More than half the time

All the time

Share your answers with your doctor and see if it may be time to consider other treatment options.